

**Acupuncture Therapy Clinic LLC**  
**Katie Lytle, LAc**  
**Superbill Information Sheet**

**Insurance:** We offer a Superbill. We provide you with a receipt for you to receive reimbursement from your insurance company. You pay Acupuncture Therapy Clinic directly and then submit a receipt to your insurance company along with a claim to seek reimbursement. This information sheet is to help you in this process.

When seeking reimbursement from your insurance company, you should ask five main questions:

- 1) Ask your insurance company if they cover out-of-network providers.** If they do, then you will be able to receive reimbursement for services offered at Acupuncture Therapy Clinic
- 2) Ask your insurance company what your acupuncture allowance is** – most acupuncture allowances range from \$500 - \$1,500 per year. Acupuncture is a therapy and multiple treatments will greatly help you to achieve a long-term solution
- 3) Find out what your co-pay is** – with this information, you will know what reimbursement you will receive from your insurance company
- 4) Find out reimbursement time** - with this information, you can better manage your personal finances
- 5) Find out what paperwork needs to be submitted along with the superbill receipt** – usually your insurance provider will have a claim form that needs to be submitted along with your superbill. Remember more than one superbill can be submitted at a time so you may want to send in multiple superbills at a time

Many insurances offer acupuncture benefits; however, you will have to check with your insurance company on your specific acupuncture benefits / reimbursements. At Acupuncture Therapy Clinic, it is the patients' responsibility to seek reimbursement, from their insurance company, for services offered at the clinic.